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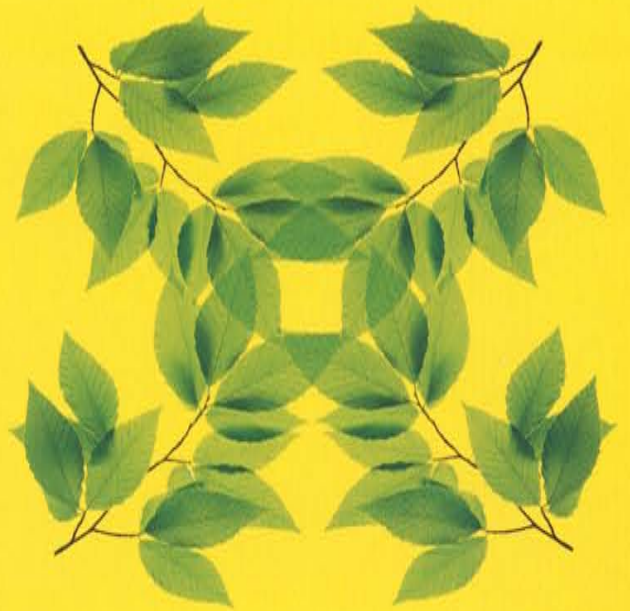
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The Smart Woman's Guide to Staying Safe

Lifesaving little cards, compiled with security adviser Pat Malone, Corporate Travel Safety CEO Kevin Coffey, and the NYPD. Clip 'em, memorize 'em, mail 'em to your friends.



Be safe on the street

- Hold your keys in your hand as you approach your car. You're most vulnerable getting into or out of your car.
- Check the backseat before you get in the car, even if you left it locked.
- Don't sit in your car in a parking lot. A predator may be watching you, and this is the perfect time for him to make a move. Lock the door, turn on the ignition, and drive away.
- If you're walking down the street and a person in a car asks you for directions, do not approach the car. Yell the instructions from a distance or simply say you don't know.
- If someone attacks you, first go for their eyes, then scratch them with your nails to leave an identifying mark. If attacked from behind, use your elbow. It is one of the most powerful points on your body.
- Never carry your house keys and an ID with your home address in the same bag. If a person grabs your purse, they'll have your keys and know where you live.
- If someone asks for your wallet or purse, toss it one way, run in the other direction, and make a lot of noise. Most thieves are more interested in your valuables than in you.

